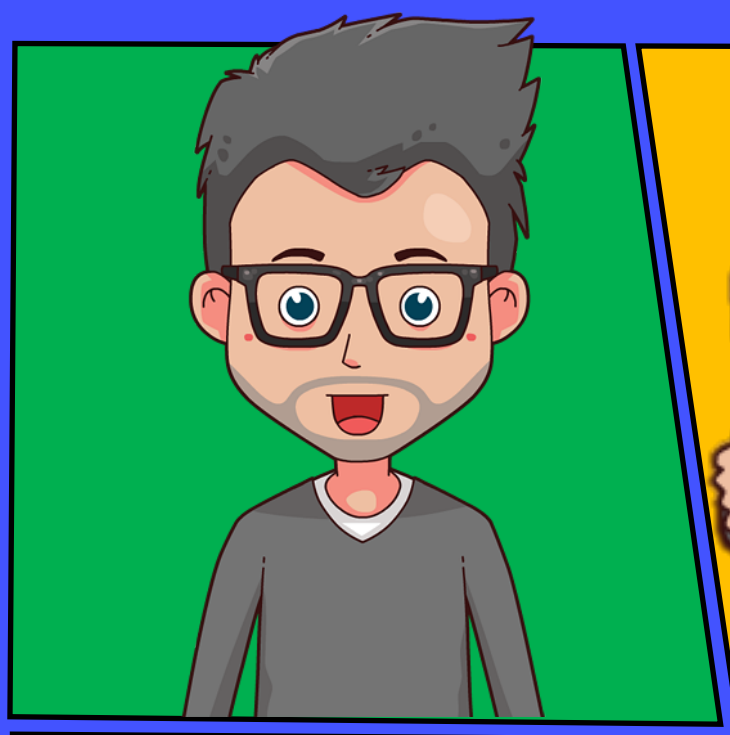
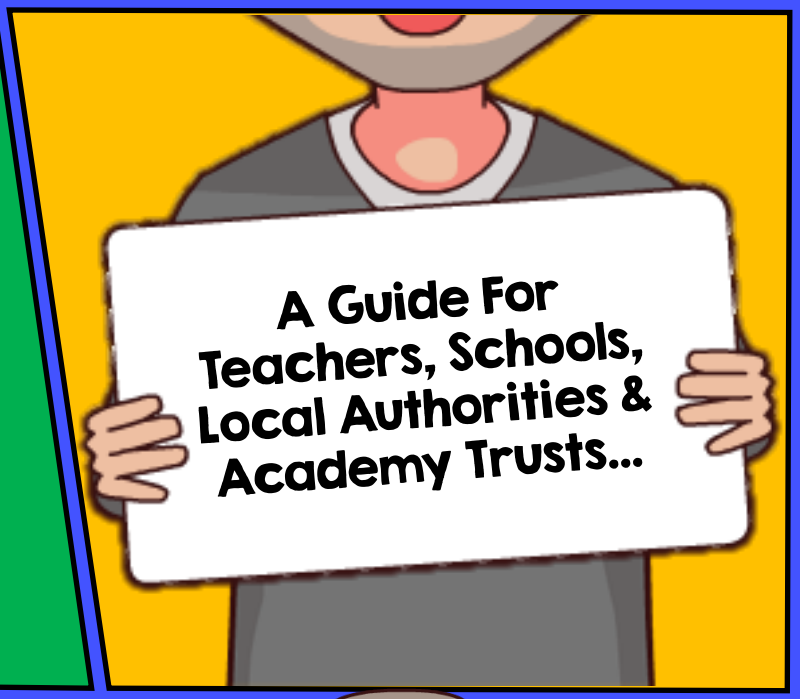
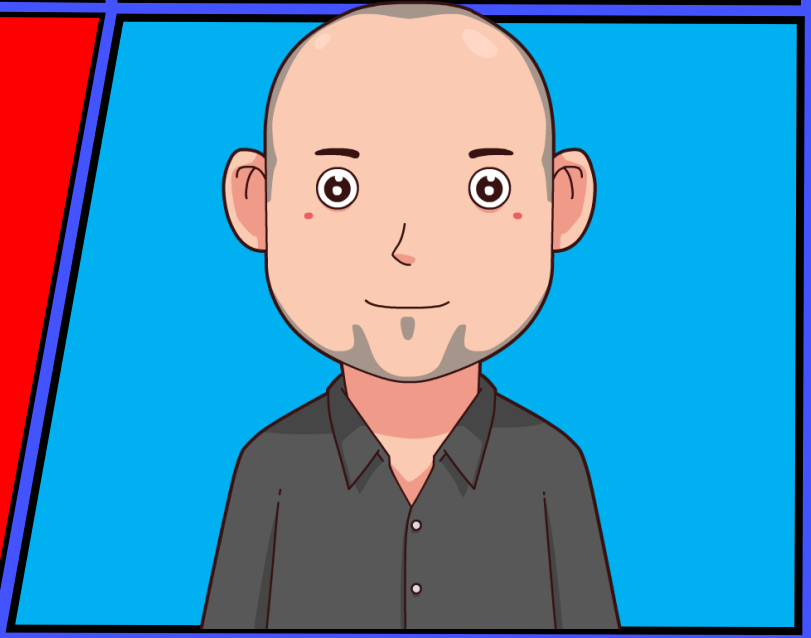
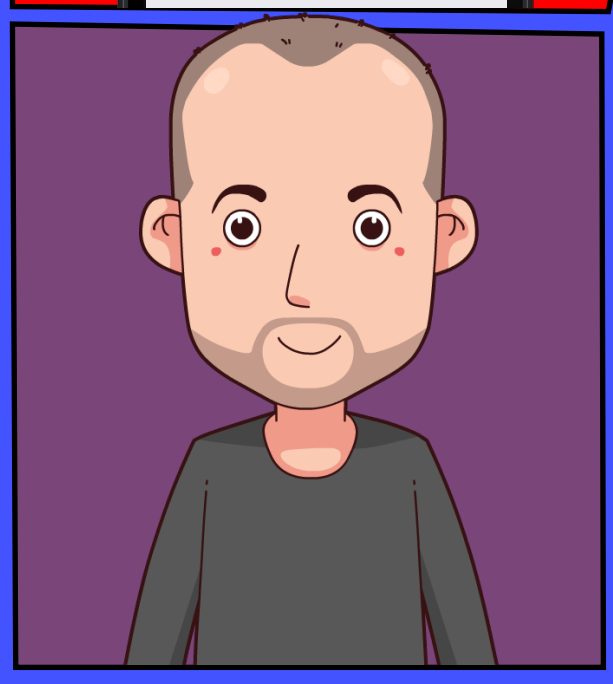
www.fit2teachapp.com

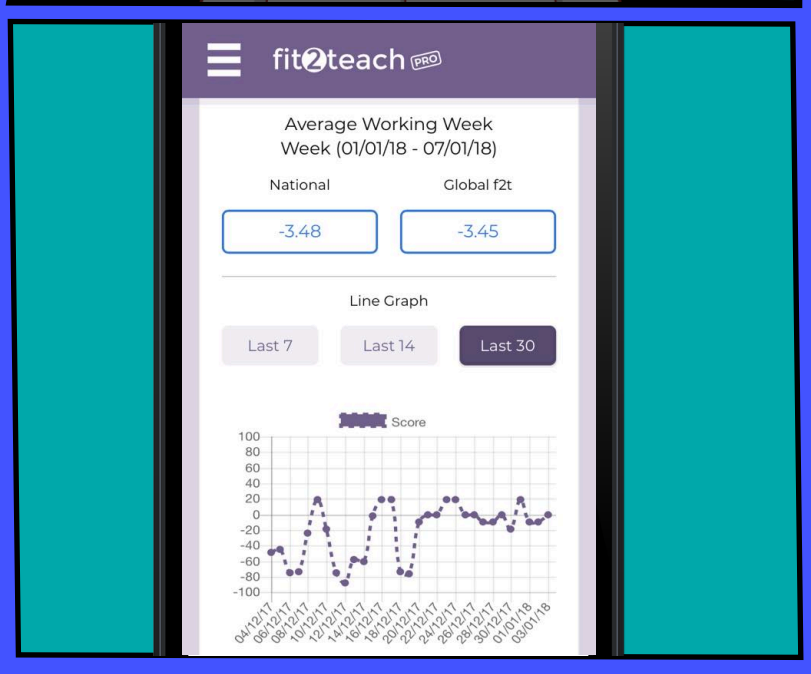
Getting Started With fit2teach





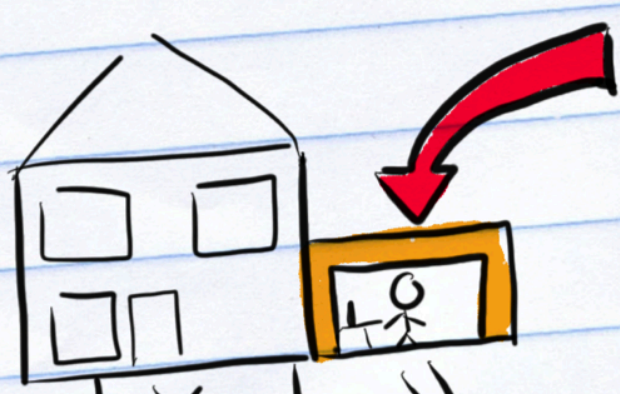






UNECESSARY POSH CONTENTS PAGE!

~~fit2teach~~ ~~Story-Map~~



Austin coding in his Dad's garage!

1. Thank You!

2. How to Register

3. THE BASICS!

4. f2tPRO

SCHOOL

5. f2tSchools

6 Support

Thank You

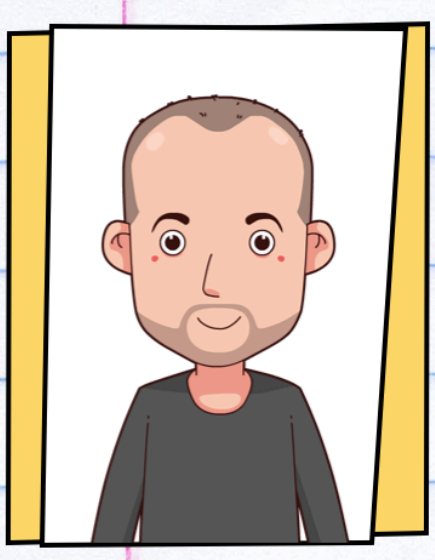
Thank you so much for taking the time to discover more about fit2teach. The last ten months have been ridiculous. Madness. But we're incredibly proud of how far we've already come; and of the progress made by our amazing teachers.

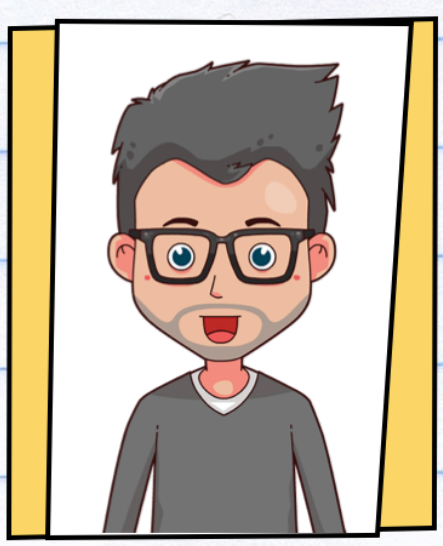
The following guide has been put together - f2t-style - to shed light on the many ways fit2teach can support not just teachers but schools; to well-and-truly put teacher workload and work-life balance on the map and as agenda items, whole-school priorities and within school improvement plans.

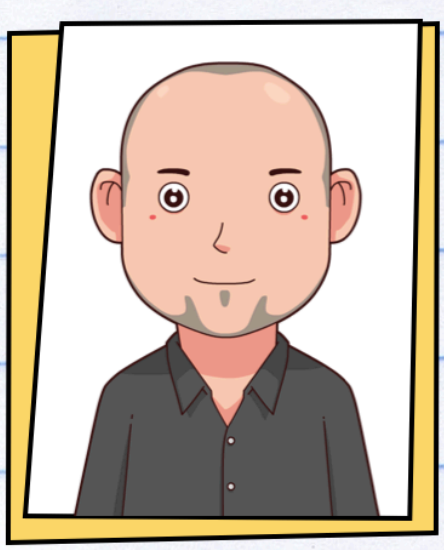
fit2teach works - I promise. And we'll work our back-sides off to make it work for you.

Matt (MrB)

The Team...







Austin
f2t Programmer/Genius

Austin met Matt at a house-warming party. They chatted; he said he could build a crazy idea that Matt had. Then he did! He has four cats.

Matt
f2t Dreamer

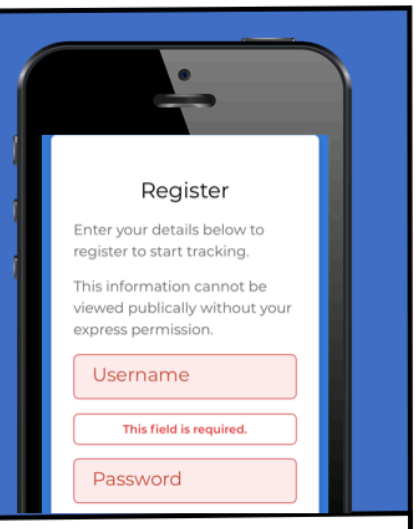
Left the classroom to care for his wife and kids. Now desperate to do Caz proud; to win teachers their weekends back; while looking nothing like his avatar.

Martyn
f2t Business Manager

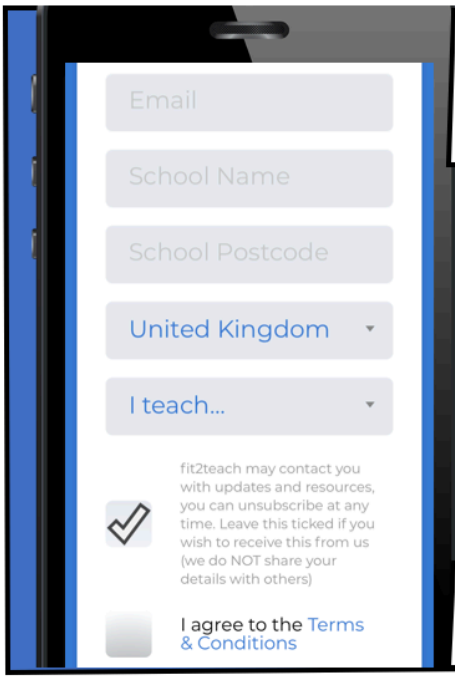
Brought in by Austin in the hope he'd agree that fit2teach was a rubbish name. The name's still here; but f2t wouldn't Be here without him. He's an active school governor.

Registering For fit2teach

Search your AppStore for 'fit2teach' and download the f2t App for free...



Choose your Username and password...



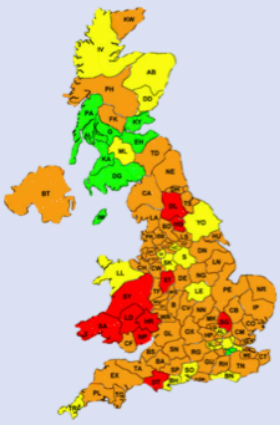
Then complete the remaining fields.

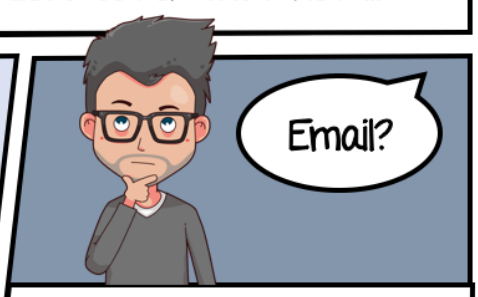
Why do you need all this information?

Let's cover that now...

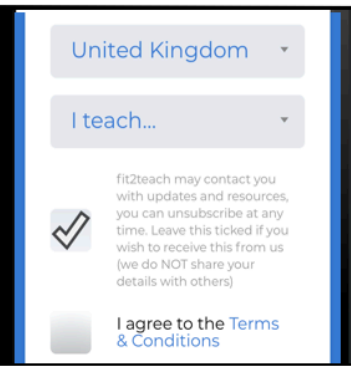
Postcode?

Your school postcode helps f2t collate anonymous data to map regional and national work-life balance trends; and help you find the best areas to work and teach!





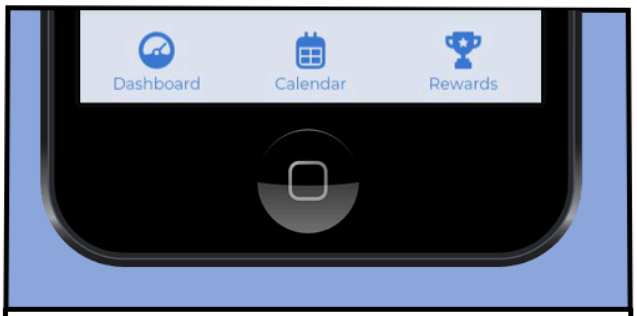
We'll manage forgotten passwords via email; so you don't have to start gathering your data from scratch!



With over 140 countries using f2t, your international location help us keep things tidy; and your specific school-role unlocks the right fit2teach for you...

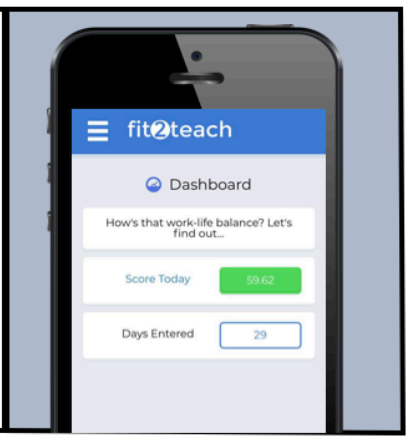
Ready? Steady. Register!

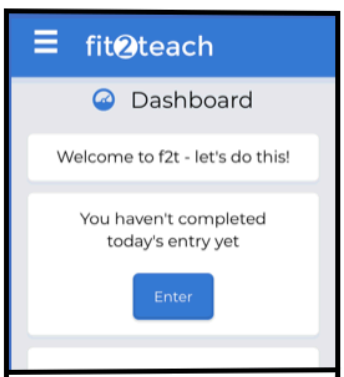
fit2teach
The Basics



f2t is a work-life balance App built around the above 3 tabs...

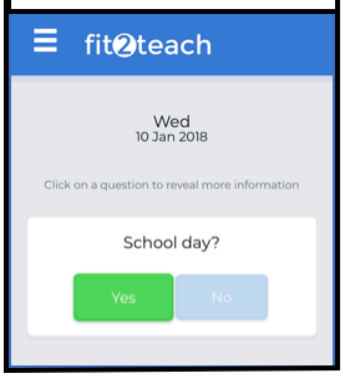
Your dashboard is f2t's 'Home' button. Here, you'll be reminded to complete your daily entry or view today's score.





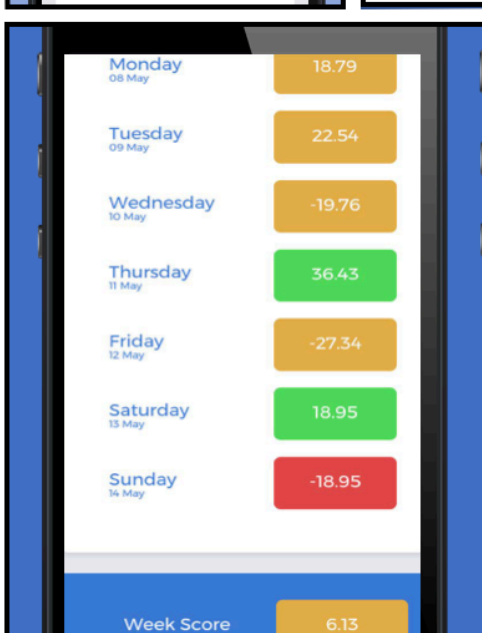
See your daily prompt...

Tell f2t if it's a school-day...



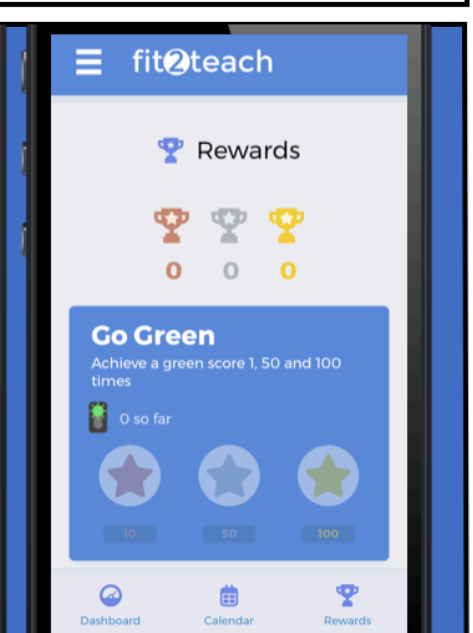
If it isn't, you'll be asked just one - all important - question to keep track of school-work done when sick, on holiday or simply not on a contracted day!

Telling f2t it's a school-day will trigger a set of simple questions that takes - on average - just 46 seconds to complete. From your responses, f2t will calculate you a coloured work-life balance score somewhere along the above sliding scale.



See your data build to reveal a weekly score...

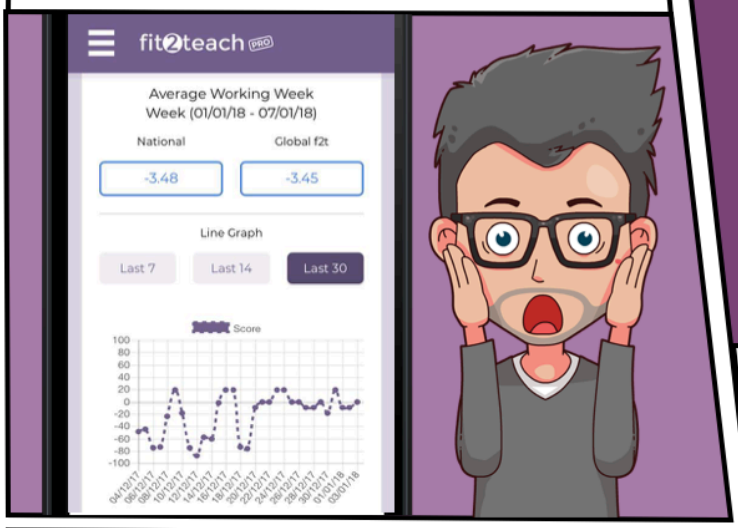
Map and monitor your scores each month...



And earn rewards and stickers for your efforts and progress!

fit2teach PRO

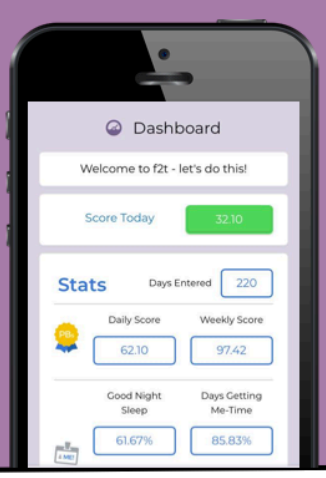
f2tPRO is an upgraded system - a subscription-based f2t payable monthly for the price of a coffee...



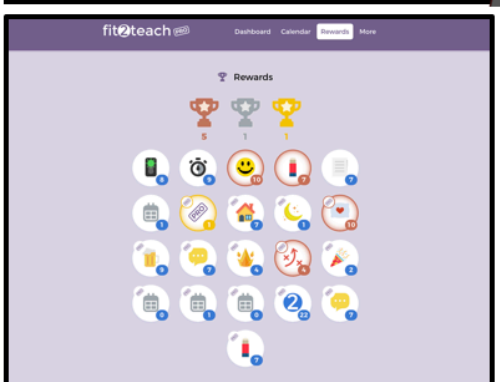
You must already be a free-user before upgrading to PRO; which can only be done via the f2t website.

Can my school pay to unlock PRO for staff?

Yes! This is the version you'll use if your school signs up for fit2teachSchools.

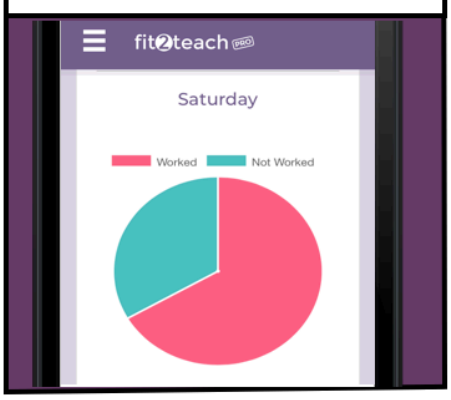


PRO uses any existing data to provide you with unique insights into your work-life balance and wellbeing...

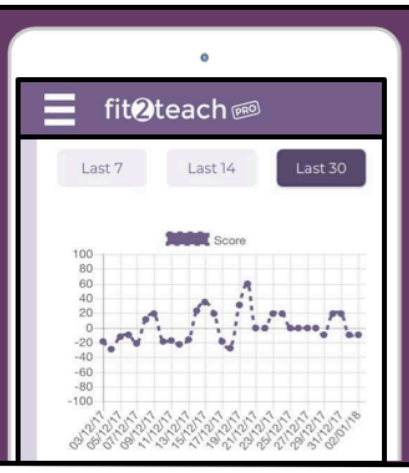


Earn 50+ stickers across over 20 rewards...

Target specific areas of your work-life balance!

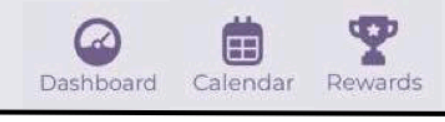


Monitor your efforts to look after YOU!



Identify, respond to and plan around your patterns and trends...

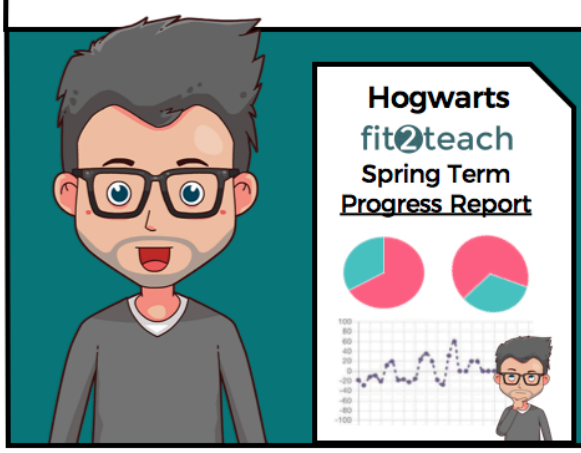
NEW!



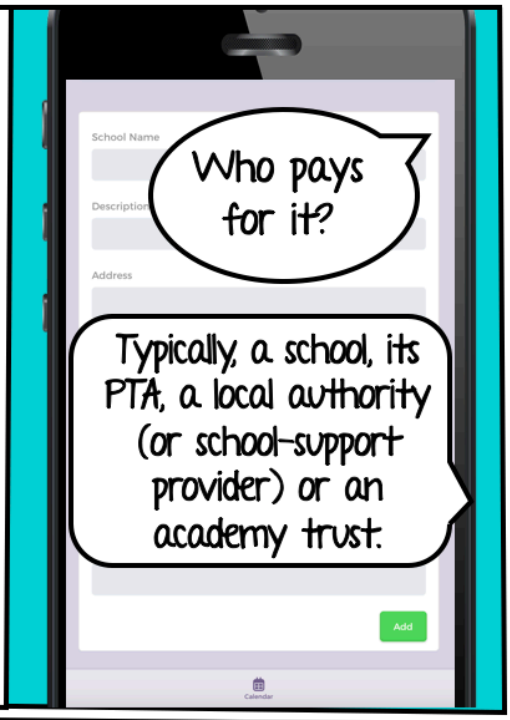
And get every new feature as they become available; like our brand-new 'Hours-Tracker' that allows you to record, monitor and reduce the length of that crazy working-week.

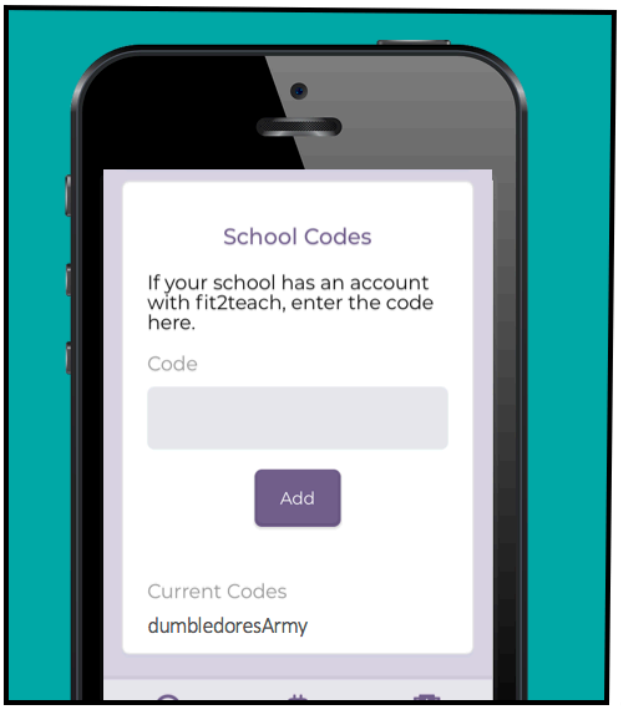
Schools fit2teach

f2tSchools is a bespoke package to support and evidence a school's commitment to reduce workload and improve teacher work-life balance.



Once a school purchases f2tSchools, we'll generate them their own unique fit2teach school-code and provide all the support they need to launch it!





Once a school's staff download the fit2teach App, have them pop into 'Settings' and enter your school-code. Everyone will be upgraded to f2tPRO and your collective work-life balance data can now be collated!

After a few weeks, we'll contact you with our initial findings to help create you an action plan...

I LOVE it - and I'm excited! But what will my school see of my personal responses and fit2teach data?

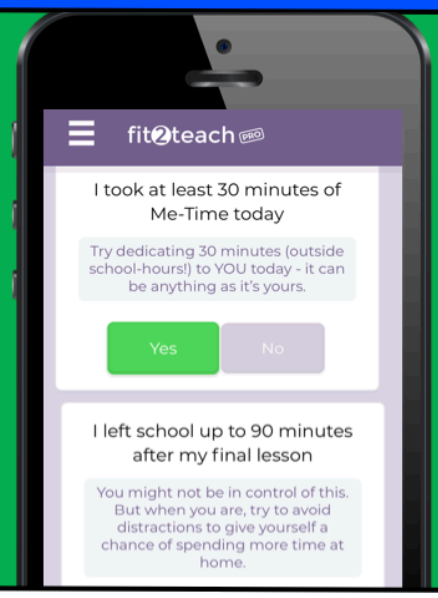
Nothing. We only report on whole-school (average) figures; you're simply adding random anonymous numbers into a massive school pot.

We'll even code you in-App school rewards linked to your action plan, to allow staff to work together and see real-time progress of their collective efforts to improve work-life balance.

Our schools receive two reports: one mid-year progress report and an end-of-year summary; with the potential to be awarded the fit2teach KITEMARK!

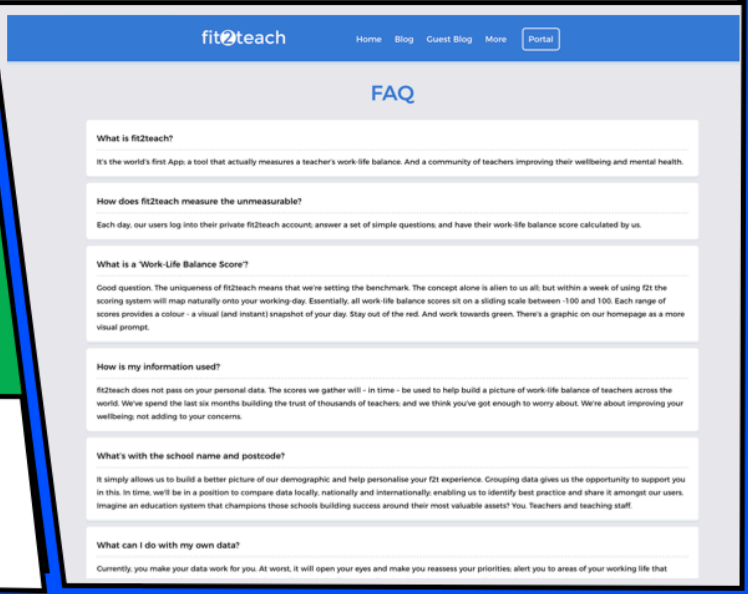
www.fit2teachapp.com

fit2teach Support



Need help answering a question? Pressing each question will reveal more information about it!

Our FAQ cover most of what you'd need to ask. They're on our website and built into your fit2teach App...



Pick up tips and advice from our regular blog and 'Guest-Blog'...

Get support and encouragement from our global f2t-community by joining over 5000 f2t users in our Facebook Staffroom!

Follow our main FB page to be the first to get the latest f2t news and resources!

And - should you ever need us - the f2t team are just an email away...

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